

## Flight Plan: Seychelles Intl (FSIA) to Kisimayu (HCMK)

True Airspeed = 320 Kts.

Wind from 000° at 0 kts

Suggested Altitude = 34000 ft

| Waypoint       | Dist.               | Alt.           | G/Spd | Track     | Heading  | Time  | ETA | ATA  |
|----------------|---------------------|----------------|-------|-----------|----------|-------|-----|------|
|                | nm                  | ft/FL<br>(MEF) | kts   | True/Mag  | Magnetic | hh:mm |     |      |
| FSIA           | Seychelles Intl     |                |       |           |          |       |     |      |
| PRA            | PRASLIN (115.7 MHz) | 24.6           | 320   | 027°/032° | 032°     | 0:05  |     |      |
| DANEL          | Intersection        | 199.8          | 320   | 279°/284° | 284°     | 0:37  |     |      |
| DEBNO          | Intersection        | 146            | 320   | 279°/283° | 283°     | 0:27  |     |      |
| NIBAK          | Intersection        | 154.6          | 320   | 279°/283° | 283°     | 0:29  |     |      |
| NETAR          | Intersection        | 209.5          | 320   | 279°/282° | 282°     | 0:39  |     |      |
| HCMK           | Kisimayu            | 155.4          | 320   | 323°/325° | 325°     | 0:29  |     | 8:32 |
| <b>Totals:</b> |                     | 889.9          |       |           |          | 2:46  |     |      |

|            |            |          |         |           |
|------------|------------|----------|---------|-----------|
| Date Flown | Off Blocks | Take Off | Landing | On Blocks |
| 25/09      | 7:52       | 7:52     | 8:32    | 8:34      |

### Departure airport information

Elevation: 9 ft.  
 Runways: 13/31 2992m x 46m Concrete  
 ILS: ILS/DME 31: SIA (110.3 MHz) 305°  
 Approach: Seychelles 119.700 MHz  
 Ground: Seychelles 121.900 MHz  
 Tower: Seychelles 118.300 MHz

### Arrival airport information

Elevation: 45 ft.  
 Runways: 05/23 3700m x 50m Concrete  
 Approach: Kisimayu 119.700 MHz  
 Ground: Kisimayu 121.900 MHz  
 Tower: Kisimayu 118.100 MHz

**Departure WX** FSIA 250800Z 12010KT 9999 SCT018 29/22 Q1012 NOSIG

**Destination WX**

**Enroute WX**

FSPP 250800Z 19010KT //// //// 28/22 Q1013