

Flight Plan: Marseille Provence (LFML) to Sion (LSGS)

True Airspeed = 250 Kts.

Wind from 093° at 5 kts

Suggested Altitude = 15000 ft

Waypoint	Dist.	Alt.	G/Spd	Track	Heading	Time	ETA	ATA
	nm	ft/FL (MEF)	kts	True/Mag	Magnetic	hh:mm		
LFML	Marseille Provence							
MTL --- - . . .	MONTELIMAR ANCONE (113.65 MHz)	5800 15000	252	344°/344°	345°	0:17		
OMASI	NAMED	8900 15000	248	031°/032°	033°	0:23		
LSGS	Sion	11600	245	071°/071°	071°	0:15		
Totals:	224.6					0:55		

Date Flown	Off Blocks	Take Off	Landing	On Blocks
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Departure airport information

Elevation: 74 ft.
 Runways: 13L/31R 3498m x 45m Asphalt
 13R/31L 2432m x 45m Asphalt
 ILS: GS: MCE (108.3 MHz) 135°
 GS: ML (110.3 MHz) 134°
 GS: MPV (111.15 MHz) 314°
 ATIS: ATIS
 Ground: Gnd 121.900 MHz
 Tower: Twr 118.370 MHz
 Approach: App/radar 120.100 MHz

Arrival airport information

Elevation: 1585 ft.
 Runways: 07R/25L 2013m x 40m Asphalt
 07L/25R 660m x 30m Grass
 ILS: GS: ISI (110.7 MHz) 246°
 Ground: Gnd 121.700 MHz
 Tower: Swiss Military Radar 134.270 MHz
 Tower: Twr 118.270 MHz
 Approach: Radar 122.350 MHz
 Approach: Radar 126.820 MHz

Departure WX LFML 070800Z 27007KT CAVOK 28/17 Q1020 NOSIG

TAF TAF LFML 070500Z 0706/0812 VRB05KT
 CAVOK BECMG 0707/0709 26010KT TEMPO
 0713/0716 18012KT PROB40 TEMPO 0713/0716
 FEW080CB BKN200 PROB30 TEMPO 0713/0716 -
 SHRA BECMG 0717/0719 VRB03KT BECMG
 0808/0810 27012KT TX33/0713Z TN21/0804Z

Destination WX LSGS 070750Z 14003KT 110V170 9999 FEW120 22/13 Q1025

TAF TAF LSGS 070525Z 0706/0715 VRB03KT 9999
 FEW120 BECMG 0710/0712 25013KT FEW100TCU

Enroute WX